



Awaken Faith LIFT (Living in Faith Together)

Women's Group Invitation for the 2025 – 2026 Workshops

Awaken Faith LIFT Workbook

In this workshop we will learn to apply gospel teachings to everyday life. With the action of our faith, we can approach life step-by-step—in good and hard times—toward confident victory. Faith is about prayer, hope, love, trust, forgiveness, peace, and the joy of a heart turned toward God. Our focus: steps ordered by spirit, mind, and body connections.

New Time: 12:00pm – 2:00pm

Awakened Faith Forward – Wellness Tools

This workshop takes us through a process of seeing God and His promises above the conditions of life, as our saving grace. This lone action brings life changing awareness for better things and motivation along the journey. Sick and tired of being sick and tired – the methods in this workshop illuminate the possibilities that can become realities through faith.

New Time: 9:30am – 11:30am

The 3rd Saturday of Every Month: September 20th 2025 to May 16th 2026

See the Liberty Church App for more details.

Or visit the website: <https://essentialsforchange.com/events>

Pre-paid Orders for:

AFL Workbook Complete Series - <https://tinyurl.com/3c6rxfnc>

AFF Wellness Book - <https://tinyurl.com/v4wenhpx>

Best Investment for Self Ever!

Choose Your Workshop and Join Us!

Group Leader: Gayle Smith, Author & Christian Life Coach for Women